### RITUALS

<table>
<thead>
<tr>
<th>Ritual</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>SOUL IMMERSION: A ritual of homecoming</td>
<td>$230</td>
</tr>
<tr>
<td>AWAKENING TO THE LIFE THAT'S RIGHT HERE</td>
<td>$290</td>
</tr>
<tr>
<td>ISLAND ESCAPE</td>
<td>$230</td>
</tr>
<tr>
<td>ULTIMATE ZEN</td>
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<tr>
<td>COUPLES RETREAT</td>
<td>$390</td>
</tr>
<tr>
<td>CBD ANTARA RITUAL</td>
<td>$425</td>
</tr>
</tbody>
</table>

### Soul Immersion: A ritual of homecoming

- **Awakening to the Life That's Right Here**: $290
- **Island Escape**: $290
- **Ultimate Zen**: $290
- **Couples Retreat**: $390
- **CBD Antara Ritual**: $425

### Island Escape

- **Ultimate Zen**: $290
- **Couples Retreat**: $390

### Ultimate Zen

- **Couples Retreat**: $390

### Couples Retreat

- **CBD Antara Ritual**: $425

### CBD Antara Ritual

- **CBD THERAPEUTIC MASSAGES**

<table>
<thead>
<tr>
<th>Type</th>
<th>Price 1</th>
<th>Price 2</th>
<th>Price 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>CBD BODY RENEWAL</td>
<td>$120</td>
<td>$170</td>
<td>$220</td>
</tr>
<tr>
<td>SCALP TREATMENT</td>
<td>$135</td>
<td>$185</td>
<td>$235</td>
</tr>
<tr>
<td>BODY WRAP</td>
<td>$135</td>
<td>$185</td>
<td>$235</td>
</tr>
</tbody>
</table>

### CBD Body Renewal

- **CBD Add-Ons**
  - CBD ENHANCEMENT: $25
  - ELIXIR (TINCTURE): $10

### redhead

#### Skincare

- **CBD Antara Ritual**: $425
- **CBD Therapeutic Massages**: $230
- **Skin Rejuvenation**: $290

### Skin Rejuvenation

- **Awakening to the Life That's Right Here**: $290
- **Ultimate Zen**: $290
- **Couples Retreat**: $390
- **CBD Antara Ritual**: $425

### Island Escape

- **CBD Antara Ritual**: $425

### Ultimate Zen

- **Couples Retreat**: $390

### Couples Retreat

- **CBD Antara Ritual**: $425

### CBD Antara Ritual

- **CBD Body Renewal**: $120
- **Scalp Treatment**: $135
- **Body Wrap**: $135
- **CBD Add-Ons**: $25
- **CBD Enancements**: $75
- **Island Scalp Treatment**: $75
- **Deep Tissue Upgrade**: $15

#### Body Renewals

- **Express Body Glow**: 25 min | $65
- **Island Sugar Glow**: $65 | $120
- **Energizing & Detoxifying Body Renewal**: $135
- **Blissful Body Renewal**: $135

#### Day Packages

- **Self-Care Express**: $155
- **Cinzia Signature Sampler**: $360
- **Wellness Warrior**: $155
- **Welcome Home to Yourself**: Based on time
- **Teen Dream**: $225
- **Gentlemen's Retreat**: $330

#### Teens Only

Ages 13-18 (16 and under must be accompanied by adult for massages)

- **Intro to Massage**: 25 min | $65
- **Skin Care 101 Facial**: 50 min | $115
- **Teen Manicure**: $25
- **Teen Pedicure**: $35

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### Waxing

- **Brow Shaping**: $22
- **Lip**: $12
- **Chin**: $20
- **Cheek**: $20
- **Underarm**: $20
- **Half/Full Arm**: $35 | $50
- **Half/Full Leg**: $40 | $80
- **Brazilian**: $55 | $75

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### EXPRESS MENU

25 minutes or less

<table>
<thead>
<tr>
<th>Service</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Classic Manicure</td>
<td>$30</td>
</tr>
<tr>
<td>Classic Pedicure</td>
<td>$40</td>
</tr>
<tr>
<td>Hydro-Lux Honey Lip Treatment</td>
<td>$20</td>
</tr>
<tr>
<td>Eye Indulgence</td>
<td>$40</td>
</tr>
<tr>
<td>Custom Express Facial</td>
<td>$75</td>
</tr>
<tr>
<td>Express Body Glow</td>
<td>$65</td>
</tr>
<tr>
<td>Neck, Back and Shoulders</td>
<td>$75</td>
</tr>
<tr>
<td>Reflexology</td>
<td>$75</td>
</tr>
<tr>
<td>Island Scalp Treatment</td>
<td>$75</td>
</tr>
<tr>
<td>Hydrafacial Perk Lip Treatment</td>
<td>$50</td>
</tr>
<tr>
<td>Hydrafacial Perk Eye Treatment</td>
<td>$50</td>
</tr>
</tbody>
</table>

### DAY PASS

Access to all amenities are included with any spa service for the day

**SPA & FITNESS DAY PASS | $25**

- Spa Lunch Available
  (Must book 24 hours in advance)
- Group Packages Available
- Inquire about our Spa & Fitness Memberships!

A 20% Gratuity is added for your convenience at check out

719 North Beach Blvd, North Myrtle Beach, SC 29582
843-361-2772
WWW.THECINZIASPA.COM

Cinziz Spa has a 24-hour Cancellation Policy for all Services.
Welcome to WELL, Cinzia Spa’s Center for Health, Wellness and Beyond.

Here you will find the latest in alternative therapies to treat conditions from arthritis to asthma, boost your mood, kickstart a cleanse, or simply your space to come to maintain your regular self-care routine.

CUSTOM INFRARED SAUNA
Infrared Saunas are designed to give you a relaxing and detoxifying experience through the use of infrared heat therapy. Unlike sunbathing, infrared therapy is completely healthy and safe. You can relax in an infrared sauna and it will never cause your skin to burn.

30-40 MINUTE SESSION

DROP-IN $25
ADD TO ANY SERVICE $10
SERIES - 6, 10 OR 12 $90 | $144 | $200

HIMALayan SALT SUITE
Salt Therapy or “Halotherapy” comes from the Greek word for salt which is “halo” and has been used in Europe for hundreds of years. Salt therapy is similar to spending time in the salty sea air, which offers many more benefits than just relaxation on the beach.

25 MINUTE SESSION

DROP-IN $30
ADD TO ANY SERVICE $20
SERIES - 6, 10 OR 12 $150 | $240 | $375

CRYOTHERAPY
Treating inflammation, skin conditions and mood disorders are just a few of the ailments Cryotherapy can ease symptoms of. The treatment involves standing in our Cryogenic chamber filled with liquid nitrogen from minus 150 to minus 290 degrees Fahrenheit – for three minutes.

2-3 MINUTE SESSION

DROP-IN $35
ADD TO ANY SERVICE $25
SERIES - 6, 10 OR 12 $210 | $330 | $500
WEIGHT LOSS 18 VISITS IN 6 WEEKS $450
MONTHLY MEMBERSHIP $350

One cryotherapy visit per day with 3 month minimum commitment.